

# PRO

## Coenzyme Q10

Maximizes cellular energy production

- Heart conditions
- Blood sugar control
- Energy/fatigue
- Anti-aging antioxidant
- Mitochondrial function
- Fertility/reproduction



 Vegan  Non-GMO  Gluten Free

### PRODUCT DESCRIPTION

Coenzyme Q10 is an important nutrient involved in cellular energy production acting as a cofactor in the mitochondrial electron transport chain. Also called ubiquinone, due to its presence in virtually all cells of the human body, it also acts as a potent antioxidant. Alterations in endogenous coenzyme Q10 can lead to reduced energy formation and an increase in the production of reactive oxygen species.

Coenzyme Q10 has been shown helpful in cases of cardiovascular disease, mitochondrial disorders, infertility, neurodegenerative diseases such as Parkinson's and Alzheimer's, chronic fatigue syndrome and fibromyalgia.

### AOR ADVANTAGE

AOR's Pro Coenzyme Q10 provides an effective dosage of ubiquinone in its simplest form.

**NPN: 02159589**

60 capsules

**Serving Size:**

One capsule

**Medicinal Ingredients:**

Coenzyme Q10 (ubiquinone-10)

**Non-medicinal Ingredients:**

Silicon dioxide, anhydrous dibasic calcium phosphate, sodium stearyl fumarate.

Capsule: hypromellose.

AOR 34244

100 mg

**Adult Dosage:**

Take one capsule one to three times daily with a fat-containing meal, or as directed by a qualified health care practitioner.

**Cautions:**

Consult a health care practitioner prior to use if you are taking blood pressure medication, blood thinners or if you are pregnant or breastfeeding.

**Complementary Products:**

Pro E Complex, Pro Quercetin, Pro Magnesium Synergy