

Cyto·D3 Kids

400 IU of stable and active vitamin D3 per drop to support optimal growth and development in the pediatric population. 450 servings per bottle, delivered in a highly bioavailable medium-chain triglyceride base.

Each drop contains:

Vitamin D3 (cholecalciferol)

400IU (10mcg)

15 ml liquid

GMO, gluten and dairy free.



Vitamin D3, also known as cholecalciferol, is the preferred form of vitamin D for optimal bioavailability and function within the body. It is naturally photosynthesized in the skin tissue from the cholesterol compound 7-dehydrocholesterol after exposure to UV-B rays. However, infants, toddlers and children of all ages are caught in a problematic situation - protection from sun damage is paramount for prevention of future health concerns, yet avoiding the sun leads to suboptimal vitamin D levels which are important for healthy growth and development.

Although breast milk is considered to be a complete food for breastfed

infants, there is an important caveat regarding vitamin D. Multiple research trials have confirmed that vitamin D deficiencies are highly prevalent among pregnant and lactating women, as well as their breastfed infants. The incidence and severity of vitamin D deficiency are even higher in northern latitudes. For these reasons, Health Canada recommends that healthy infants who are exclusively breastfed should receive 400 IU/day of supplemental vitamin D3. The Canadian Pediatric Society suggests that northern communities receive an even greater supplemental intake of 800 IU/day during the winter months.

Key points

- Essential for the proper growth and development of the immune system, skeletal system, nervous system, dermal tissues and more
- 400 IU of stable vitamin D3 per drop, with 450 drops per bottle, allowing for variable and condition-specific dosing
- Delivered in a medium chain triglyceride (MCT) base, sourced from organic coconut oil, for optimal bioavailability

Ensuring adequate vitamin D levels in children is essential for the proper growth and development of the immune system, skeletal system, nervous system and for dermal health, among many other benefits. In fact, vitamin D receptors (VDR's) are found in dozens of tissues, including thyroid, adrenal, pancreas, skeletal muscle, cardiovascular tissue, colon, liver, kidney and retina.

Cyto-D3 Kids is designed to aid in the prevention of vitamin D3 deficiency. Each Cyto-D3 Kids bottle provides 15mL, or 450 drops, with a concentration of 400 IU's of vitamin D3 per drop. Cyto-D3 Kids delivers vitamin D3 in a medium chain triglyceride oil base sourced from organic coconut oil to encourage optimal stability, absorption and bioavailability.

Related products

Cal·Mag + D3 Liquid
K2·D3
K2·D3 Matrix
Cyto-D3

Non-Medicinal Ingredients: Medium chain triglycerides from coconut, d-alpha tocopherol.

Indications: Helps in the development and maintenance of bones and teeth. Helps in the absorption and use of calcium.

Directions: Infants and older-Take 1 drop per day or as directed by a healthcare professional.

Warnings: Do not use if safety seal is broken.