

Klean Endurance

NPN 80039747

DESCRIPTION

Klean Endurance by Klean Athlete® is an all natural D-ribose chewable supplement to help maintain performance in extended high intensity workouts. D-ribose is a natural pentose sugar that creates ATP for the support of athletic performance and energy production. Klean Endurance comes in great-tasting, naturally sweetened, orange/vanilla flavoured chewable tablets.

FUNCTIONS

Klean Endurance contains pure D-ribose, a safe and clinically researched ingredient that supports the natural way our bodies produce adenosine triphosphate (ATP), the energy currency of the cell. Our bodies must have an adequate supply of D-ribose to form major cellular constituents such as our genetic material (DNA and RNA), numerous cofactors, certain vitamins, and, importantly, adenosine triphosphate (ATP).

D-Ribose accentuates the body's natural process of energy synthesis. It helps to support energy production during stress and accelerates energy recovery. Through this action, D-Ribose helps muscles regenerate lost energy and potentially minimizes any physiological consequences of energy depletion, which can negatively impact muscle performance or how we feel after exercise. The loss of energy in muscles directly contributes to the common symptoms of stiffness, soreness, weakness and pain. Protein synthesis, of vital importance to athletes, can also be affected.

The effect of ribose administration on exercise performance has been examined. In a four-week study involving recreational body builders, ribose was given to determine its effect on body composition and exercise performance. While there was no difference in pre-/post-exercise body composition between the ribose and placebo groups, the ribose group showed significantly greater gains in athletic performance, including both muscle strength and endurance.

Klean Endurance is tested and certified by the NSF Certified for Sport® Program, which was created to meet the growing demands of athletes, coaches and healthcare professionals to certify that sports supplements are safe and completely free from banned substances. Every product that carries the NSF® mark has undergone stringent laboratory testing to confirm content, purity and compliance.

INDICATIONS

Supports energy production
Athletic performance

FORMULA (#KA202598)

Each Chewable Tablet Contains:

D-Ribose1.67 g

Non-medicinal ingredients: Xylitol, cellulose, hypolose, silica, natural orange flavour, magnesium stearate, citric acid, mannitol, stearic acid, carnauba wax, natural vanilla flavour.

SUGGESTED USAGE

Adults: Take 2 tablets 3 times daily with food or as directed by your coach, trainer or healthcare practitioner.

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RISK INFORMATION

Consult your healthcare practitioner prior to use if you are pregnant or breastfeeding. Ensure to drink enough fluid before, during, and after exercise. Keep out of the reach of children.

STORAGE

Store in a cool, dry place.

REFERENCES

Van Gammeren D, D Falk, J Antonio. Cur Therapeut Res, 2002; 63(8): 486-495.

Hellsten Y, Skadhaug L, Bangsbo J. Am J Physiol Regul Integr Comp Physiol. 2004 Jan; 286(1): R182-8.

Van Gammeran D, et al. Current Therapeutic Research. 2002; 63: 8.

Sahlin K, Tonkonogi M, Söderlund K. Acta Physiol Scand. 1998 Mar; 162(3): 261-6. Review.

For more information on Klean Endurance, visit kleanathlete.ca

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