



Multigenics™ Chewable

Form: Chewable Tablets Flavour: no flavor

Size: 90 CHEWABLE TABLETS

Medicinal Ingredients Each tablet contains:	Amount
Vitamin C (ascorbic acid, magnesium ascorbate)	100 mg
Niacinamide	20 mg
Calcium (calcium citrate malate)	30 mg
Magnesium (magnesium citrate, magnesium ascorbate)	15 mg
Vitamin E (d-alpha tocopheryl acetate)	13.4 mg AT
Pantothenic Acid (calcium d- pantothenate)	10 mg
Zinc (zinc gluconate)	2 mg
Iron (iron bisglycinate)	2 mg
Quercetin	2 mg
Riboflavin	1.6 mg
Thiamine (thiamin mononitrate)	1.4 mg
Vitamin B ₆ (pyridoxine HCI)	1.4 mg
Mixed Carotenoids	825 mcg
Vitamin A (retinyl acetate)	375 mcg RAE
Folate (calcium L-5- methyltetrahydrofolate) [†]	300 mcg
Manganese (HVP ^{††} chelate)	0.2 mg
Copper (HVP ^{III} chelate)	100 mcg
lodine (potassium iodide)	70 mcg
Biotin	38 mcg
Vitamin B ₁₂ (methylcobalamin)	6 mcg
Vitamin D (cholecalciferol)	2.5 mcg

Non-Medicinal Ingredients: Fructose, xylitol, sorbitol, stearic acid (veg), natural orange flavour, silicon dioxide, guar gum, malic acid, and citric acid anhydrous.

Recommended Dose: Adults take 3 tablets daily or as directed by your healthcare practitioner. Take with food a few hours before or after taking other medications or natural health products.

Recommended Use: To provide antioxidants and factors for the maintenance of good health.

Caution: For adult use only. Stop use if hypersensitivity occurs.

This product is non-GMO and gluten-free.

 $^{\dagger}\text{Metafolin}\$$ is a registered trademark of Merck KGaA, Darmstadt Germany