



RESTORATIVE  
FORMULATIONS

## Neuro-GI Px

*Supports GI neurotransmitter production for relieving occasional constipation*



**Neuro-GI Px** supports the body's natural elimination process with herbs and 5-HTP to support a healthy peristalsis function, balance neurotransmitters and soothe the intestinal tract. Blended to support the gut-brain axis by providing nutrients and compounds, which are necessary for the production of key neurotransmitters that coordinate gastrointestinal motility.

### Formulation Features

- **5-HTP** supports the synthesis of serotonin and triggers serotonin receptors in the intestinal tract. These receptors activate acetylcholine synthesis, neurotransmitter key to healthy colon peristalsis.
- **Cascara sagrada** contains anthraquinone derivatives to support normal peristalsis function in the large intestine.
- **Triphala**, composed of *Emblica officinalis*, *Terminalia chebula*, and *Terminalia bellirica*, provides a gentle, non-habit forming herbal blend for large intestine peristalsis health and a strong intestinal muscle wall for efficient contractions. Botanical toning action to support a healthy intestinal lining.
- **Licorice** has a soothing action on gastrointestinal mucosa.
- **Lemon balm** is used to calm occasional discomfort associated with gas, bloating and indigestion.

### Formula

Each/Chaque vegi capsule contains:

Aged Cascara Sagrada Bark	225 mg
Organic Triphala Fruit	175 mg
Organic Licorice Root	75 mg
Organic Lemon Balm herb	75 mg
5 Hydroxytryptophan	50 mg

All Organic Herbs are Certified Organic

Other ingredients: Vegetable Capsule (cellulose)



95% of our herbs and herbal extracts are certified organic.

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## Supplementation

- Two capsules, one to two times daily or as directed by your healthcare provider. Do not use this product if you have abdominal pain, nausea, vomiting or diarrhea. Discontinue use in the event of diarrhea or watery stools. Do not exceed recommended amount. Contraindicated with SSRIs and MAO inhibitors.

## Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods with fiber
- Drink plenty of water
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

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