

## Are Toxins Making You Sick?

Did you know that research now connects many chronic health issues to the buildup of toxins in the body? Heart disease, diabetes, autoimmune disorders, neurological diseases, depression and anxiety are just a few of the diseases linked to toxicity. Even weight gain has been associated with chronic exposure to a common insecticide.

Rarely do we consider how clean we are internally. Unless we've been diagnosed with a life-changing illness, we might not change. However, if we understand the seriousness of toxin burden, and how simple it can be to clean it up, we can take the next critical steps to improve our health.

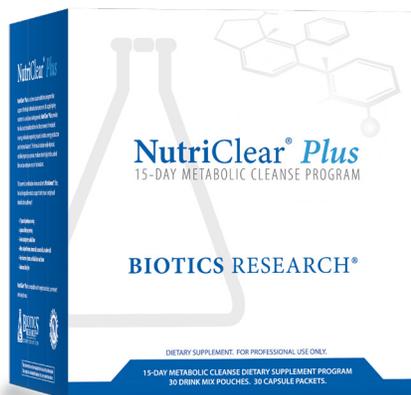
### Where Are These Toxins?

Toxins come in many forms. The most obvious are the chemicals that have been added to our air, food and water supplies. In 2000 alone, more than 4 billion pounds of chemicals were released into the ground, and over 206 million pounds of chemicals were discharged into lakes and rivers, making fish unsafe to eat and water unsafe to drink or swim in. There are approximately 80,000 different chemicals we know of, with 2,300 new ones being added each year. According to the Environmental Protection Agency (EPA), more than 1,000,000 Americans drink water laced with pesticides.

In addition to chemical toxins, there are biological toxins, such as viral agents; physical toxins, such as radiation or trauma; and psychological toxins, which include chronic stress or emotional trauma. Our bodies also create toxins through metabolic pathways such as having too much insulin or uric acid in the body. Finally, there are hypersensitivity toxins from food and seasonal allergies, such as peanuts and pollen.

This statement had not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

*Delicious | Safe | Convenient | Easy-to-Follow*



The **NutriClear® Plus 15-Day Metabolic Cleanse Program** is packaged for convenience and contains:

- 30 pouches of **NutriClear® Plus** powder
- 30 **NutriClear® Plus** supplement packets, which include 5 capsules supplying the active constituents from **Bromelain Plus CLA™**, **Beta-TCP™**, **Livotrit Plus®**, **BioProtect™**, and **MCS-2™**
- 1 Shaker Cup
- 1 Guidebook

**Ask your healthcare professional today for more information!**



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## NutriClear® Plus

15-DAY METABOLIC  
CLEANSE PROGRAM



## Common Signs of Toxin Buildup

- Fatigue
- Allergies
- Joint Pain
- Headaches
- Constipation
- Mood Swings
- Abdominal Pain
- Skin Conditions
- Sinus Congestion
- Chronic Backache
- Immune Weakness
- Hormonal Imbalance
- Blood Sugar Problems
- Difficulty Concentrating

### How Does a Metabolic Cleanse Work?

Our bodies are designed to flush out toxins, primarily through the liver, but also through other elimination routes such as the kidneys, skin, lungs and gut/bile. The liver is the key player where detoxification happens in two phases. In phase I, the body's enzymes activate the toxic substances to make them more accessible for phase II. In phase II, specific enzymes convert toxins into water-soluble and harmless molecules that are then eliminated. With the proper nutrition, which includes specific vitamins, enzymes and minerals, the toxins can be eliminated, allowing the metabolism to run optimally.

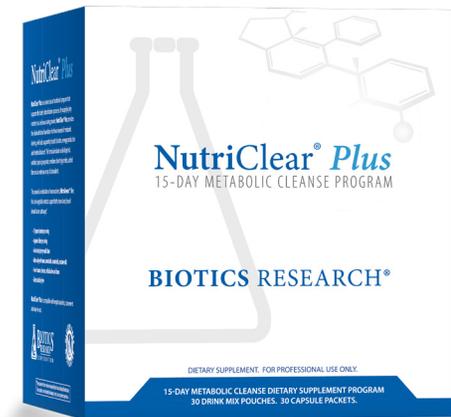
### Do I Need a Special Program?

In an ideal world, we can detoxify toxins in small doses with no issue. However, due to the excess of toxins in our world today, we cannot eliminate these pollutants without dietary modification and added nutritional support.

When our bodies lack the essential nutritional components for detoxification, the toxins get stored in our tissues and fat cells, and can contribute to many chronic illnesses. Scientists from both the World Health Organization (WHO) and the National Cancer Institute (NCI) indicate that the chemicals in our air, food and water cause between 60-80% of all cancers. Long-term exposure to pollution can result in genetic changes that affect growth, health and behavior, and contribute to susceptibility to disease.

### What is NutriClear® Plus?

**NutriClear® Plus** is a science-based metabolic cleanse program that supports the body's detoxification processes. By supplying key nutrients in a delicious-tasting powder, **NutriClear® Plus** provides the ideal nutritional foundation for those in need of metabolic clearing, while also supporting hepatic function, energy production and intestinal balance. The formula includes easily digested, certified organic, pea protein, medium chain triglycerides, added fiber and an extensive array of antioxidants. This powerful combination of micronutrients, **NitroGreens®**, fiber, fruit and vegetable extracts supports safe and effective detoxification to start you on a path of lifelong health.



# NutriClear® *Plus*

15-Day Metabolic Cleanse Program

***Delicious | Safe | Convenient | Easy-to-Follow***

**NutriClear® *Plus*** is a science-based metabolic cleanse program formulated to revitalize the body's natural detoxification capabilities. Designed with efficacy and convenience in mind, **NutriClear® *Plus*** includes nutrients targeted for digestive, antioxidant, and liver support, and is packaged in an easy-to-use program.

The **NutriClear® *Plus* 15-Day Metabolic Cleanse Program** is packaged for convenience and contains:

- 30 pouches of **NutriClear® *Plus*** powder
- 30 **NutriClear® *Plus*** supplement packets, which include 5 capsules supplying the active constituents from: ***Bromelain Plus CLA™***, ***Beta-TCP™***, ***Livovit Plus®***, ***BioProtect™***, and ***MCS-2™***
- 1 Shaker Cup
- 1 Guidebook

## Benefits of **NutriClear® *Plus***

- Supports the body's detoxification pathways
- Provides balanced broad spectrum antioxidants and synergists
- Provides nutritional support for bile production and biliary status
- Supports digestive function
- Provides support for healthy inflammatory processes
- Fosters gastrointestinal balance

By supplying key nutrients in a delicious-tasting powder, **NutriClear® *Plus*** provides the ideal nutritional foundation for those in need of metabolic clearing, while also supporting hepatic function, energy production and intestinal balance. The formula includes easily digested, certified organic pea protein, medium chain triglycerides, added fiber and an extensive array of antioxidants. This powerful combination of micronutrients, **NitroGreens®**, fiber, fruit and vegetable extracts supports safe and effective detoxification.

## Highlighted Features of **NutriClear® *Plus*** Powder

**Organic Pea Protein** — Each serving of **NutriClear® *Plus*** powder yields 17g of pea protein, made from organic North American yellow peas that are grown, and also processed into a powder, within the United States. Having such a high quality protein powder helps fuel the body with the cleanest protein source available, which is key to an effective detoxification program.

**NitroGreens®** — The addition of **NitroGreens®** supplies **NutriClear® *Plus*** with a rich source of phytonutrients, including isoflavones, polyphenols, natural carotenoids, betalains, glucosinolates and isothiocyanates, as well as naturally occurring enzymes, vitamins and trace minerals. Sourced from 100% organic whole food extracts and concentrates, many of the ingredients are grown from heirloom seeds. Enzymatically active, with a high ORAC value and chlorophyll content, **NitroGreens®** supports healthy immune function, nitric oxide production and detoxification of heavy metals.



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# NutriClear® Plus

**Prebiotic Fiber** — Gastrointestinal health plays an important role in detoxification. Digestion, assimilation of nutrients and elimination of metabolic waste all need to run optimally in order to expel the toxins. The added fiber, in the form of prebiotics, inulin and oligosaccharides, helps support digestion and improve the gut microbiota. Prebiotics are non-digestible and chemically stable structures that significantly enhance the growth and functionality of gut microflora. The gut microbiota enhance digestion, help break down complex substances, synthesize beneficial bioactive compounds, enhance bioavailability of minerals, impede growth of pathogenic microbes and prevent various diseases.<sup>(1)</sup> In addition to favoring growth of beneficial bacteria, intake of prebiotics increases short-chain fatty acid (SCFA) production, which is associated with improved satiety, weight loss and reduced systemic inflammation.<sup>(2)</sup>

**MCT**—Dietary medium chain triglycerides (MCT), not only promote lipid catabolism, energy expenditure and weight loss, they can also ameliorate metabolic health via their capacity to improve the intestinal ecosystem.<sup>(3)</sup>

## All of the Active Constituents from the Following Supplements are Included in the NutriClear® Plus Metabolic Cleanse Program

**Bromelain Plus CLA™** — Proper digestion is the key to overall health. Without it, our foods can't be broken down into the components necessary to fuel the body's metabolic processes, including our detoxification pathways. **Bromelain Plus CLA™** contains bromelain, a proteolytic enzyme used for centuries to support digestive

function and healthy inflammatory processes.<sup>(4)</sup> Bromelain is widely administered for its well-recognized properties, such as its support of healthy inflammatory, thrombotic, fibrinolytic, and immunomodulatory effects, in addition to being supportive of wound healing and circulatory function.<sup>(5)</sup> It supports phase II detoxification by breaking protein down into the amino acids necessary to help conjugate the toxins, and prepare them for elimination.

**Bromelain Plus CLA™** also combines papain, inositol, cellulase, lipase, amylase, ficin and cysteine in a strategic formula that provides comprehensive digestive support of proteins, fats, carbohydrates, cellulose, and can even aid in the digestion of living worms such as Roundworm (*Ascaris lumbricoide*).

Pancrelipase is also included in this digestive support formula. Pancrelipase formulations have been shown to reduce fecal fat, indicating an improvement in the fat digestive process with its use.<sup>(6,7)</sup>

**Livotrit Plus®**—The liver serves as the major organ controlling metabolic homeostasis, and functions as the body's primary pathway for detoxification.<sup>(8)</sup> **Livotrit Plus®** combines a unique, well-researched mixture of Ayurvedic botanical extracts formulated to support normal, healthy liver function, metabolism and detoxification systems. Phytochemically-rich, with a wide array of polyphenolic compounds and phenolic acids, **Livotrit Plus®** provides potent antioxidants that quench free radicals, including the superoxide radical. This formula includes standardized extracts of *Silybum marianum* (milk thistle), *Picrorhiza kurroa*, *Andrographis paniculata*, *Eclipta alba*, *Berberis aristata*, *Tinospora cordifolia*, and *Boerhaavia diffusa*.

# 15-Day Metabolic Cleanse Program

**BioProtect™** — The detoxification pathways can often yield free radicals, reactive and unstable molecules that can damage the body. The liver, intestines and kidneys modify these potentially damaging compounds by using oxidative enzymes classified as cytochrome P450 (P450) oxidases. P450 enzymes are a superfamily of hemoproteins, which catalyze the phase I biotransformation of various substrates, oxidizing these compounds into forms which are easily eliminated by the body. However, these enzymes use molecular oxygen inefficiently, yielding superoxide.<sup>(9)</sup>

**BioProtect™** provides a wide array of antioxidants and synergists, ranging from vitamins and minerals to phytochemicals and enzymes, formulated to support the detoxification process by supporting the cytochrome P450 enzymatic pathway.

**MCS-2™** —To maximize the liver's detoxification capability, the body needs an elaborate array of vitamins and minerals that act as substrates and cofactors in the detoxification pathways. Deficiencies in these nutrients can result in the suboptimal functioning of the pathways, and subsequent inability to eliminate harmful substances, including foreign chemicals and drugs.

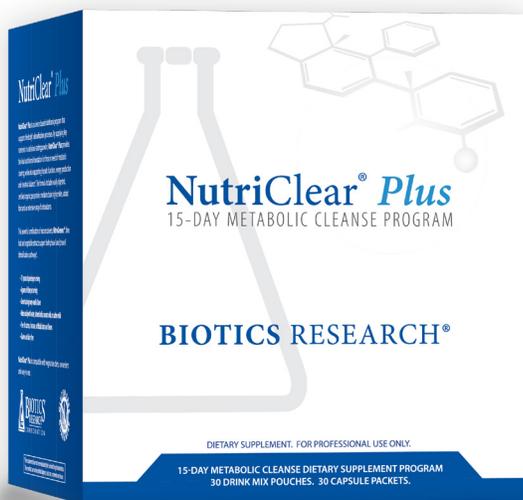
**MCS-2™** is designed to offer consistent support to the liver detoxification pathways by providing Vitamin A, Vitamin C, vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B6, Pantothenic Acid, Folate, Vitamin B12, Choline, Zinc, Molybdenum and trace minerals. Other ingredients that offer support to the metabolic process include L-Methionine, N-Acetyl-L-Cysteine (NAC), Alpha Lipoic Acid, Taurine, L-Glutathione, Milk Thistle, Lycium, Cleavers, Dandelion, Burdock, and Red Clover.

**Beta-TCP™** — In addition to phase I and phase II detoxification pathways, the liver removes toxins by secreting bile full of cholesterol and other fat-soluble toxins. Each day the liver manufactures approximately 2 liters of bile. Bile contains bile acids, which are critical for digestion and absorption of fats and fat-soluble vitamins. In addition, many waste products are eliminated by the body through the biliary system. Bile also serves as a protective mechanism, functioning to maintain the intestinal barrier against invading microorganisms.<sup>(10,11)</sup>

**Beta-TCP™** provides the nutritional support for healthy bile formation and viscosity necessary for eliminating fat-soluble toxins.

Taurine increases the polarity of bile acids and, therefore, their amphipathic (emulsification) properties. In one study, dietary taurine was demonstrated to enhance the degradation of cholesterol and subsequent excretion via bile acids.<sup>(12,13)</sup> In addition to taurine, **Beta-TCP™** also includes vitamin C that supports the pathways needed for oil production that allows cholesterol to convert to conjugated bile acid. Organic beet concentrate contains a number of nutrients that supports the overall digestive process and liver and gallbladder function.

The **NutriClear® Plus Metabolic Cleanse Program** is a self-guided program and includes the nutrients necessary for a successful detoxification. In some cases, however, healthcare professionals might recommend additional nutritional support. Two adjunct products that work well with the **NutriClear® Plus Metabolic Cleanse Program** are **A.D.P.®** and **Optimal EFAs® Caps**.



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- 1 Shaker Cup
- 1 Guidebook

To place your order for **NutriClear® Plus** or for additional information please contact us below.

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# Supplement Facts

**Serving Size: 1 Pack**  
**Servings Per Container: 30**

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids)	800 mcg RAE	89%	Cellulase (fungal)	20 mg	*
Vitamin C (as ascorbic acid)	310 mg	344%	Lipase (fungal)	20 mg	*
Vitamin E (as d-alpha-tocopheryl acetate and mixed tocopherols)	34 mg	227%	Amylase (fungal)	20 mg	*
Thiamin (B1) (as thiamin mononitrate)	1 mg	83%	Ficin	20 mg	*
Riboflavin	1 mg	77%	Parotid tissue (bovine)	10 mg	*
Niacin (as niacinamide)	8 mg	50%	Inositol	20 mg	*
Vitamin B6 (as pyridoxal-5-phosphate, pyridoxine hydrochloride)	1 mg	59%	Taurine	385 mg	*
Folate (as calcium folinate)	100 mcg DFE	25%	L-Methionine	135 mg	*
Vitamin B12 (as methylcobalamin)	20 mcg	833%	N-Acetyl-L-Cysteine	95 mg	*
Pantothenic acid (as calcium pantothenate)	5 mg	100%	L-Glutathione (reduced)	30 mg	*
Choline (as choline bitartrate)	20 mg	4%	Alpha-Lipoic Acid	20 mg	*
Zinc (as zinc gluconate)	9 mg	82%	Cysteine (as L-Cysteine HCl)	10 mg	*
Selenium (from vegetable culture)	45 mcg	82%	Coenzyme Q10 (emulsified)	1 mg	*
Copper (as copper gluconate)	0.1 mg	11%	Superoxide Dismutase (from vegetable culture)	90 mcg	*
Molybdenum (as sodium molybdate)	75 mcg	167%	Catalase (from vegetable culture)	90 mcg	*
Organic Beet Concentrate (Beta vulgaris) (whole)	300 mg	*	Proprietary Blend	455 mg	
Pancrelipase (porcine)	150 mg	*	Milk Thistle (root & aerial part) (extract)*, Lycium Berry (extract)*, Cleavers (aerial part)*, Dandelion (Taraxacum officinale) (root) (extract)*, Burdock (Arctium lappa) (root) (extract)*, Red Clover (flower)*, Indian tinospora (stem) (extract)*, Boerhavia (Boerhavia diffusa) (root & aerial part) (extract)*, Andrographis (leaf & stem) (extract)*, Eclipta (root & aerial part) (extract)*, Picrorhiza kurroa (root) (extract)*, Indian Barberry (stem) (extract)* and Sugarcane (shoot) (extract)*		
Bromelain (2,500 MCU/g) (from pineapple)	200 mg	*			
Papain	20 mg	*			

\* Daily Value not established

**Other ingredients:** Cellulose, capsule shell (gelatin, glycerin and water), stearic acid (vegetable source), magnesium stearate (vegetable source) and potassium sorbate.

**This product is gluten and dairy free.**

Product # CP1075 Rev. 10/17

# Supplement Facts

**Serving Size: 38 g**  
**Servings Per Container: 30**

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	120		Iodine (as potassium iodide)	38 mcg	25%
Total Fat	2 g	3%†	Magnesium (as magnesium citrate malate)	105 mg	25%
Saturated Fat	<1 g	5%†	Zinc (as zinc picolinate)	8 mg	73%
Total Carbohydrates	8 g	3%†	Selenium (as selenium aspartate)	30 mcg	55%
Dietary Fiber	6 g	21%†	Copper (as copper gluconate)	0.75 mg	83%
Total Sugars	1 g		Manganese (as manganese gluconate)	1 mg	43%
Includes 0 g Added Sugars			Chromium (as chromium picolinate)	38 mcg	109%
Protein	17 g	34%†	Molybdenum (as molybdenum aspartate)	90 mcg	200%
Vitamin A (as natural mixed carotenoids and NitroGreens®)	210 mcg RAE	23%	Sodium (from pea)	239 mg	10%
Vitamin C (as calcium ascorbate and NitroGreens®)	240 mg	267%	Potassium (as potassium citrate)	315 mg	7%
Vitamin D (D3) (as cholecalciferol)	15 mcg	75%	Medium chain triglycerides	380 mg	*
Vitamin E (as d-alpha-tocopheryl acetate and natural mixed tocopherols)	40 mg	267%	L-Glutamine	375 mg	*
Vitamin K (as phytonadione)	60 mcg	50%	Trimethylglycine	250 mg	*
Thiamine (as cocarboxylase chloride)	1.5 mg	125%	Acai berry extract	50 mg	*
Riboflavin (as riboflavin-5-phosphate)	1.5 mg	115%	Blueberry	50 mg	*
Niacin (as niacinamide)	5 mg	31%	N-Acetyl-L-Cysteine	38 mg	*
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	294%	Quercetin	19 mg	*
Folate (as 5-methyltetrahydrofolic acid glucosamine salt)	150 mcg DFE	38%	L-Glutathione	7.5 mg	*
Vitamin B12 (as methylcobalamin)	5 mcg	208%	L-Threonine	7.5 mg	*
Biotin	112 mcg	373%	L-Lysine HCl	7.5 mg	*
Pantothenic acid (as calcium pantothenate)	7.5 mg	150%	Proprietary NitroGreens® Organic Blend	2 g	
Calcium (as calcium magnesium citrate, calcium ascorbate and NitroGreens®)	165 mg	13%	Organic barley grass juice*, organic wheat grass juice*, organic oat grass juice*, organic alfalfa grass juice*, organic acerola berry extract*, organic kamut grass juice*, organic broccoli sprout concentrate*, organic cauliflower sprout concentrate*, organic beet juice*, organic carrot juice*, organic peppermint leaf* and organic kale sprout concentrate*		
Iron (from pea and NitroGreens®)	5 mg	28%			
Phosphorus (from pea)	165 mg	13%			

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established

**Other ingredients:** Organic pea protein concentrate, chicory root inulin, tapioca oligosaccharides, natural flavors and stevia leaf extract.

**This product is gluten and dairy free.**

Product # C01075 Rev. 09/17