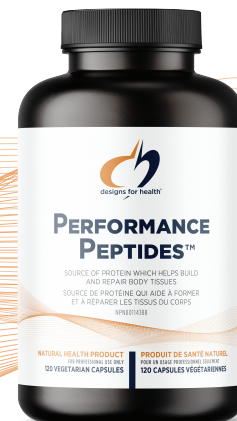


# Performance Peptides™

SOURCE OF PROTEIN WHICH HELPS BUILD AND REPAIR BODY TISSUES  
120 VEGETARIAN CAPSULES | NPN80114388 | PPS120-CN



MUSCULOSKELETAL HEALTH



Healthy muscles do much more than make us look good. They help us stay strong, balanced, and mobile; support bone strength and healthy body composition; and help maintain an efficient metabolism. As we age, strong muscles are key to living independently and comfortably. That's why taking care of our muscles is essential for healthy aging.

Performance Peptides™ is specifically designed to support muscle strength, endurance, recovery, and overall performance in aging men and women and those looking to maintain a healthy body composition.

## Benefits

- Promotes healthy muscle growth, power, strength, and retention
- Supports healthy aging and healthspan
- May mitigate age-related muscle loss and weakness
- May promote healthy body composition and healthy metabolism
- May help promote endurance capacity and recovery
- May help support a healthy inflammatory response

## Recommended Dose

Adults 18 years and older: Take 4 capsules two times per day, or as directed by a healthcare practitioner. Ensure to drink enough fluid before, during, and after exercise. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.

What makes this product unique is that it contains plant-based bioactive peptides from the fava bean. Think of bioactive peptides as small proteins that play important roles in our bodies, such as the peptide hormone insulin. Using advanced machine-learning technology, scientists discovered and isolated these peptides from the fava bean because they were shown to act on certain pathways in the body that stimulate muscle protein synthesis. Promote your muscular health with the power of Performance Peptides™.

## Highlights

- **Cutting-edge ingredient** – Discovered through advanced AI (artificial intelligence) research to unlock the benefits of muscle-supportive peptides.
- **Promotes healthy body composition** – Helps support lean body mass and a healthy metabolism.
- **Supports muscle health** – A small placebo-controlled study of 30 healthy adult men tested the effect of 2.4 g/day of PeptiStrong™ on muscle health along with resistance exercises over 14 days.<sup>1</sup> The study found promising results that PeptiStrong™ may:
  - Help increase muscle recovery rate by 144%<sup>1</sup>
  - Help increase athletic performance recovery by 54%<sup>1</sup>
  - Help reduce muscular fatigue by 47%, supporting muscular endurance<sup>1</sup>

PeptiStrong™ is a trademark of Nuritas Ltd.

1. Kerr A, Hart L, Davis H, et al. Improved strength recovery and reduced fatigue with suppressed plasma myostatin following supplementation of a *Vicia faba* hydrolysate, in a healthy male population. *Nutrients*. 2023;15(4):986. doi:10.3390/nu15040986