

# Thyroid Px

*Thyroid support*

Thyroid dysfunction and low body temperatures are increasingly more common and can cause many disturbing symptoms.

Fortunately, research has identified a variety of natural ingredients that can enhance and maintain thyroid function.

**Thyroid Px** is the most potent thyroid support offered by Restorative Formulations. It provides essential co-factors for thyroid hormone production, including vitamins D3, B12 methylcobalamin, zinc, selenium, and iodide. It also contains a unique blend of thyroid-supporting herbs including guggul myrrh and organic herbs blue flag, triphala, ashwagandha root, nettle, kelp, and ginger.

## Formulation Features

- Provides minimum of 1 mg Iodide per capsule in form of 700 mcg from potassium iodide and approximately 300 mcg iodine from kelp
- **Certified organic Blue Flag root** supports thyroid function and natural detoxification pathways
- **Guggul myrrh** supports optimal iodine uptake and thyroid enzyme activity
- **Certified organic Kelp** provides a natural source of iodine
- **Certified organic Nettle** supports a healthy inflammatory response



## Formula

Each/Chaque vegi capsule contains:

Vitamin(e) D3	400 IU
Zinc (zinc citrate)	5 mg
Iodine/Iode (Potassium iodide)	0.70 mg
Selenium (selenomethionine)	0.10 mg
Kelp/Kombu (Laminaria digitata)	200 mg
Blue Flag root/Clajoux racine (Iris versicolor), O	150 mg
Guggul Myrrh/Myrrhe (Commiphora molmol)	50 mg
Ashwagandha root/racine (Withania somnifera), O	50 mg
Nettle herb/Ortie dioique (Urtica dioica), O	50 mg
Triphala, O	50 mg
N-acetyl Cysteine	25 mg
Rosemary Extract 50% Rosmarinic Acid (Rosmarinus officinalis)	25 mg
Ginger root/Gingembre racine (Zingiber officinale), O	10 mg
Diiodotyrosine(3,5 Diiodotyrosine)	0.20 mg

O=Certified Organic

**Non-Medicinal ingredients:** Hypromellose vegi-caps  
**Ingredients non medicinaux:** hypromellose vegi-caps

95% of our herbs and herbal extracts are certified organic.

800-420-5801 • [www.restorative.com](http://www.restorative.com)

## Supplementation

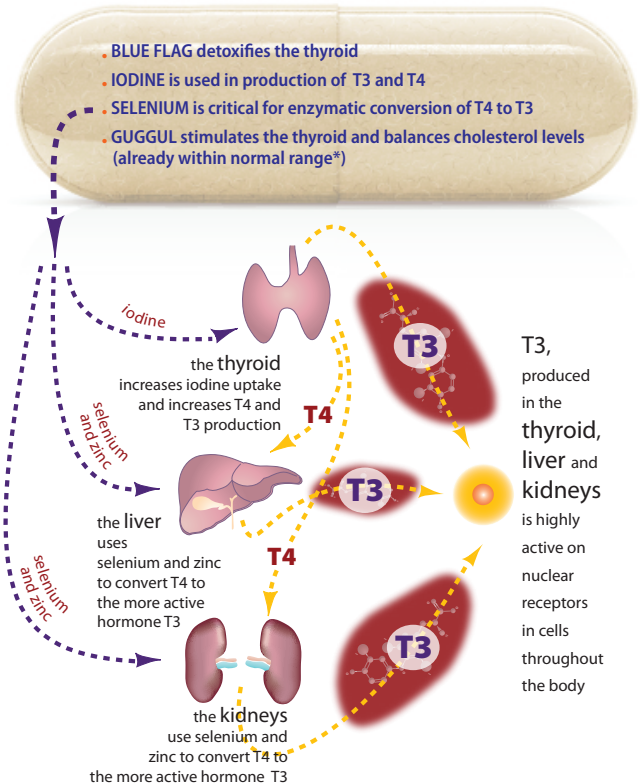
- Adults take one to two capsules twice daily, with or without food or as recommended by your health care practitioner.

## Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

## Thyroid Specific Support

- Avoid all toxins that interfere with thyroid function including endotoxins
- Decrease heavy metals that affect thyroid function (e.g., mercury, lead, and cadmium)
- Decrease halogens that interfere with sodium iodide synthesis (e.g., fluoride, chlorine, and bromine)
- In select cases, a gluten-free diet may be helpful.



### REFERENCES:

*Life Sci*, 65(12)(1999) 137

*Biochem*. 51 (2): 329-36 (February 1975).

*Hormone and Metabolic Research*, 1996, 28(5):223-226

*The Journal of Clinical Endocrinology & Metabolism*, Vol. 87, No. 4 1687-1691

*The American Journal of Gastroenterology* (2001) 96, 751-757.

THIS INFORMATION IS PROVIDED FOR THE USE OF PHYSICIANS AND OTHER LICENSED HEALTH CARE PRACTITIONERS ONLY. THIS INFORMATION IS INTENDED FOR PHYSICIANS AND OTHER LICENSED HEALTH CARE PROVIDERS TO USE AS A BASIS FOR DETERMINING WHETHER OR NOT TO RECOMMEND THESE PRODUCTS TO THEIR PATIENTS. THIS MEDICAL AND SCIENTIFIC INFORMATION IS NOT FOR USE BY CONSUMERS. THE DIETARY SUPPLEMENT PRODUCTS OFFERED BY RESTORATIVE FORMULATIONS ARE NOT INTENDED FOR USE BY CONSUMERS AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL CONDITION.