



RESTORATIVE
FORMULATIONS



Ubiquinone

Restorative Formulations switched from a reduced form of liquid CoQ-10 (Ubiquinol) to the same potency of a capsule of Ubiquinone. The latest data on bioavailability show that ubiquinone works just as well as the more expensive Ubiquinol. Regardless of ingesting Ubiquinone or Ubiquinol, a new study published in 2020 in the Journal Nutrients and indexed in Medline shows the serum levels of Ubiquinol to be unchanged.

Ubiquinone protects cells from oxidative stress, while sparing and recycling other antioxidants such as vitamins C and E. Ubiquinone provides the optimization of energy protection on the cellular level in the heart, lungs and kidneys.

Research suggests that cholesterol-lowering statins, one of the most commonly-prescribed medications in the US, may deplete serum CoQ10 levels. Many physicians recommend supplementing ubiquinone adjunctively with statin therapy to ensure adequate CoQ10 levels.

Formula

Each/Chaque vegi capsule contains:

Coenzyme Q10 (Ubiquinone)	100 mg
---------------------------	--------

Other Ingredients: Non-GMO Soy Lecithin, Vegetable Cellulose, Natural Mixed Tocopherols (from Sunflower Oil), Chlorophyll

Ingédients non médicinaux: Non GMO Lécithine, cellulose végétale, tocophérols naturels mélangés (issus de l'huile de tournesol), chlorophylle

To re-ill contact your practitioner or visit www.restorative.com Pour remplir avec votre praticien ou visiter www.restorative.com

Formulation Features

- Supports mitochondrial production of ATP (energy)
- Supports healthy heart muscle function
- Supports circulatory health and vascular integrity



95% of our herbs and herbal extracts are certified organic.

800-420-5801 • www.restorative.com

The statements on this page have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

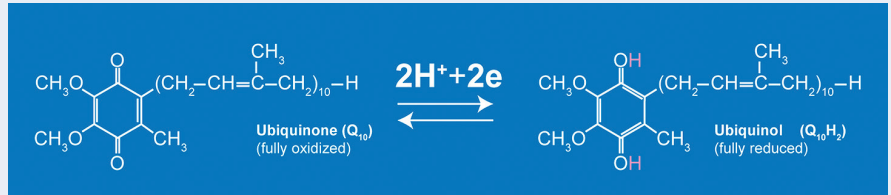
Supplementation

- Take one capsule twice daily or as directed by your health care practitioner. Can be taken with or without food.

Diet & Lifestyle

- Minimize physical and emotional stress
- Eat organic, whole foods as much as possible
- Exercise moderately and consistently
- Avoid known allergens and toxic chemicals
- Sleep 7-8 hours minimum per night

CoQ10 Metabolism



Coenzyme Q10

- It is synthesized in all tissues, including heart, lung, liver, and kidneys.
- The biosynthesis of CoQ₁₀ from tyrosine requires at least eight vitamins and several trace elements.
- Synthesis inhibited by statin drugs via HMG-CoA inhibition.
- A vital 'transport agent' in the use of oxygen to generate energy.

THIS INFORMATION IS PROVIDED FOR THE USE OF PHYSICIANS AND OTHER LICENSED HEALTH CARE PRACTITIONERS ONLY. THIS INFORMATION IS INTENDED FOR PHYSICIANS AND OTHER LICENSED HEALTH CARE PROVIDERS TO USE AS A BASIS FOR DETERMINING WHETHER OR NOT TO RECOMMEND THESE PRODUCTS TO THEIR PATIENTS. THIS MEDICAL AND SCIENTIFIC INFORMATION IS NOT FOR USE BY CONSUMERS. THE DIETARY SUPPLEMENT PRODUCTS OFFERED BY RESTORATIVE FORMULATIONS ARE NOT INTENDED FOR USE BY CONSUMERS AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL CONDITION.

800-420-5801

www.restorative.com