



## UltraClear<sup>™</sup> RENEW - Chai

Form: Powder Flavour: Chai Size: 21 Servings

Ingredients	Amount	Magnesium
Information per Serving:		citrate, mag
One Serving (2 level scoops)	36 g	Broccoli (Bra L. var italica)
Servings per Container	21	floret <sup>†</sup> provid
Calories	90	sulforaphane
Carbohydrate	16 g	(myrosinase glucose/g)
Sodium	80 mg	Calcium (cal
Fat	3 g	
Dietary Fibre	7 g	L-Glutamine
Medicinal Ingredients:		L-Lysine (L-ly
Pea Protein	6 g	L-Lysine (L-ij
Rice Protein	6 g	Pomegranat
Glycine	1,600 mg	granatum) 9 extract equiv mg of pome
Potassium (dipotassium phosphate, potassium citrate, potassium iodide)	600 mg	N-Acetyl-L-C
L-Alanine	350 mg	Prune (Prunu 40:1 skin ext equivalent to
Vitamin C (ascorbic acid)	300 mg	prune
Phosphorus (dipotassium phosphate)	290 mg	Taurine
Hops Polyphenols-Rice Protein Complex	250 mg	L-Tyrosine

Magnesium (magnesium citrate, magnesium sulfate) Broccoli ( <i>Brassica oleracea</i> L. <i>var italica</i> ) sprout &	170 mg
floret <sup>†</sup> providing 1.5 mg sulforaphane glucosinolate (myrosinase activity 30 mg glucose/g)	150 mg
Calcium (calcium citrate)	150 mg
L-Glutamine	150 mg
L-Lysine (L-lysine HCl)	150 mg
Pomegranate ( <i>Punica granatum</i> ) 9:1 whole fruit extract equivalent to 1,170 mg of pomegranate	130 mg
N-Acetyl-L-Cysteine	125 mg
Prune ( <i>Prunus domestica</i> ) 40:1 skin extract equivalent to 5,000 mg of prune	125 mg
Taurine	110 mg
L-Tyrosine	100 mg

L-Methionine (DL- methionine)	70 mg
	70
L-Arginine	mg
L-Ornithine (L-ornithine HCl)	70 mg
Watercress ( <i>Nasturtium</i> officinale) 4:1 aerial parts extract equivalent to 268 mg of watercress	67 mg
Pantothenic Acid (calcium D-pantothenate)	36 mg
Vitamin E (d-alpha tocopheryl acetate)	28 mg
Green Tea ( <i>Camellia</i> <i>sinensis</i> ) leaf extract standardized to 60% catechins and 40% EGCG	25 mg
Zinc (zinc gluconate)	11 mg
Niacinamide	7 mg
Vitamin $B_6$ (pyridoxine HCI)	3.4 mg
Melon ( <i>Cucumis melo</i> ) fruit extract standardized to 35 IU superoxide dismutase <sup>††</sup>	2.6 mg
Beta-Carotene	2,400 mcg

## Metagenics<sup>•</sup>

Thiamin (thiamin HCl) Riboflavin	2 mg 2 mg
Copper (copper gluconate)	1 mg
Vitamin A (retinyl	150
palmitate)	mcg
Biotin	135
BIOCITI	mcg
Folate (calcium L-5-	80
methyltetrahydrofolate)	mcg
lodine (potassium iodide)	53
iounie (potassium ioulue)	mcg
Chromium (chromium	50
picolinate)	mcg
Vitamin B <sub>12</sub>	3.6
(methylcobalamin)	mcg
Vitamin D (cholocalciforal)	0.88
Vitamin D (cholecalciferol)	mcg

## **Non-Medicinal Ingredients:**

Isomaltooligosaccharides, sugarcane juice, apple fibre, olive oil, medium-chain triglycerides, natural flavours, silicon dioxide, xanthan gum, monk fruit extract, guar gum, and rosemary extract.

Recommended Use: Source of antioxidant that decreases the adverse effects of free radicals on normal physiological functions and helps to reduce free radicals and lipid oxidation in body tissues. Source of antioxidant that helps to fight, protect, and reduce the cell damage caused by free radicals. Helps to maintain normal acid-base metabolism. Helps in the function of the thyroid gland. Helps to prevent potassium deficiency due to low dietary intake. Source of protein which helps build and repair body tissues. Helps in energy production.

Recommended Dose: Adults blend, shake, or briskly stir 2 level scoops (36 grams) of UltraClear™ RENEW with 237 mL (8 fl. oz.) of water daily or as directed by your healthcare practitioner. Take a few hours before or after taking other medications or natural health products.

Caution: Do not use if you are pregnant or breastfeeding, are taking antibiotics, nitroglycerin, or other potassium-containing supplements or with potassium-containing salt-substitutes. Ensure to drink enough fluid before, during, and after exercise. Consult a healthcare practitioner prior to use if you have an iron deficiency, kidney stones, a liver disorder or are taking blood thinners. Stop use if you develop symptoms of liver trouble such as vellowing of the skin/eyes (jaundice), stomach pain, dark urine, sweating, nausea, unusual tiredness and/or loss of appetite and consult a healthcare practitioner. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported. May cause nausea, vomiting, diarrhea, or abdominal cramps, discontinue use and consult a healthcare practitioner if these symptoms are severe. Consult a healthcare practitioner for use beyond 8 weeks.

## This product is non-GMO and gluten-free.

Do not use if safety seal is missing or broken. Store in a cool, dry place.

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