



## UltraMeal® Rice

**Source of protein for the maintenance of good health**

**Form:** Powder

**Flavour:** Vanilla

**Size:** 728 g (25.67 oz)

### Ingredients

	<b>Amount Per Serving</b>
<b>Information per Serving</b>	
One Serving (2 level scoops)	48 g
Servings per Container	14
Calories	160
Fat	5 g
Sodium	40 mg
Carbohydrate	22 g
Dietary Fibre	5 g
<b>Medicinal Ingredients</b>	
Rice Protein	15 g
Calcium (dicalcium phosphate)	600 mg
Phosphorus (dicalcium phosphate)	600 mg
Potassium (potassium citrate)	400 mg
Magnesium (magnesium citrate)	180 mg
Vitamin C (ascorbic acid)	60 mg
L-Lysine (L-lysine HCl)	35 mg
L-Threonine	35 mg
Vitamin B <sub>6</sub> (pyridoxine HCl)	25 mg
Niacinamide	10 mg
Zinc (zinc gluconate)	9 mg
Vitamin E (d-alpha tocopheryl acetate)	7.4 mg AT
Pantothenic Acid (calcium d-pantothenate)	5 mg
Copper (copper gluconate)	1 mg
Riboflavin	0.85 mg
Thiamin (thiamin HCl)	0.75 mg
Vitamin A (retinyl palmitate)	525 mcg
Folate (calcium L-5-methyltetrahydrofolate) <sup>†</sup>	400 mcg
Biotin	150 mcg
Chromium (chromium picolinate)	100 mcg
Iodine (potassium iodide)	75 mcg
Vitamin B <sub>12</sub> (methylcobalamin)	30 mcg

Vitamin D (cholecalciferol) 1 mcg

**Non-Medicinal Ingredients:** Fructose, natural flavours, olive oil, rice syrup solids, guar gum, and rosemary extract.

**Directions:** Adults blend, shake, or briskly stir 2 level scoops (48 grams) of UltraMeal® Rice with 237 mL (8 fl. oz.) of chilled water daily or as directed by your healthcare practitioner. Take a few hours before or after taking other medications.

**Recommended Use:** Source of protein, antioxidants, essential and non-essential amino acids for the maintenance of good health.

**Caution:** Do not use if you have a gastrointestinal ulceration or obstruction, or if pregnant or breastfeeding. Do not use following vigorous exercise or acute dehydration. May cause nausea, vomiting, diarrhea and/or abdominal cramps. Discontinue use and consult a healthcare practitioner if these symptoms are severe. Consult a healthcare practitioner for use beyond 6 months.

**This product is non-GMO and gluten-free.**

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Shake container well before each use. Do not use if safety seal is missing.

<sup>†</sup>Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.