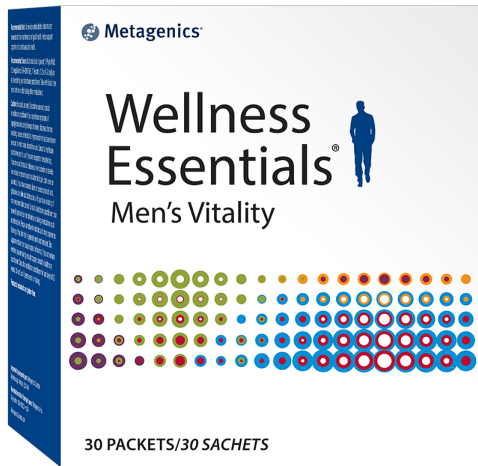


Wellness Essentials® Men's Vitality

Form: Array
Flavour:
Size: 30 Packets



Medicinal Ingredients

Medicinal Ingredients	Amount Per Serving		
Each tablet or softgel contains:			
OmegaGenics EPA-DHA 500 - NPN 80014992 (opaque yellow)			
Fish Oil (providing 300 mg EPA, 200 mg DHA) Derived from a blend of: mackerel, sardine, or anchovy	980 mg	Citrus Bioflavonoids (<i>Citrus sinensis</i> L., <i>Citrus reticulata</i>) fruit extract standardized to 45% hesperidin	61 mg
Zinc AG - NPN 80000498 (white)		Vitamin C (ascorbic acid, ascorbyl palmitate)	60 mg
Zinc (zinc arginate, zinc bisglycinate)	20 mg	Green Coffee Bean Extract (<i>Coffea arabica</i>) containing 45% chlorogenic acid	53 mg
Testralin - NPN 80050252 (green)		Pomegranate (<i>Punica granatum</i>) 9:1 whole fruit extract equivalent to 351 mg of pomegranate	39 mg
Green Tea (<i>Camellia sinensis</i>) leaf extract standardized to 60% catechins	166 mg	Pantothenic Acid (calcium d-pantothenate)	37.5 mg
Flaxseed (<i>Linum usitatissimum</i>) extract standardized to 20% lignans	125 mg	Vitamin E (d-alpha tocopheryl succinate)	33.5 mg
Turmeric (<i>Curcuma longa</i> L.) rhizome extract standardized to 95% curcuminoids	79 mg	Magnesium (magnesium citrate)	20 mg
Soy Isoflavone Extract (<i>Glycine max</i>) standardized to 25 mg AIE of total isoflavones	62.5 mg	Niacinamide	18.75 mg
Free Plant Sterols (<i>Glycine max</i>) containing combined beta-sitosterol, campesterol and stigmasterol	50 mg	Choline (choline bitartrate)	12.5 mg
Betaine HCl	37.5 mg	Inositol	12.5 mg
Vitamin B ₆ (pyridoxine HCl)	25 mg	Vitamin B ₆ (pyridoxine HCl)	12.5 mg
Lycopene	5 mg	Thiamin (thiamin mononitrate)	12.5 mg
Oleanolic Acid [from olive leaf (<i>Olea europaea</i>)]	5 mg	Grape (<i>Vitis vinifera</i>) seed extract standardized to 90% polyphenols	12.5 mg
Zinc (zinc citrate)	2.5 mg	Blueberry (<i>Vaccinium</i> spp.) fruit extract standardized to 20% polyphenols, 15% anthocyanins	10 mg
Folate (calcium L-5-methyltetrahydrofolate)	200 mcg	Green Tea (<i>Camellia sinensis</i>) leaf extract standardized to 60% catechins, 40% EGCG	8.3 mg
Selenium (selenomethionine)	100 mcg	Riboflavin	7.5 mg
Vitamin B ₁₂ (methylcobalamin)	15 mcg	Zinc (zinc citrate)	7.5 mg
Vitamin D (cholecalciferol)	9.4 mcg	Niacin	6.25 mg
PhytoMulti - NPN 80087954 (green)		Resveratrol (<i>Polygonum cuspidatum</i>)	5 mg
		Lycopene	3 mg
		Lutein	3 mg
		Artichoke (<i>Cynara scolymus</i> L.) 10:1 leaf extract equivalent to 25 mg of artichoke	2.5 mg
		Chinese Cinnamon (<i>Cinnamomum cassia</i>) (bark)	2.5 mg
		Rosemary (<i>Rosmarinus officinalis</i> L.) 9:1 leaf extract equivalent to 22.5 mg of rosemary	2.5 mg
		Watercress (<i>Nasturtium officinale</i>) 4:1 aerial parts extract equivalent to 10 mg of watercress	2.5 mg
		Prune (<i>Prunus domestica</i>) 40:1 skin extract equivalent to 100 mg of prune	2.5 mg
		Bitter Melon (<i>Momordica charantia</i>) 10:1 fruit extract equivalent to 25 mg of bitter melon	2.5 mg
		Indian Gum-Arabic-Tree (<i>Acacia nilotica</i>) 4:1 bark & heartwood extract equivalent to 10 mg of Acacia nilotica	2.5 mg
		Beta-Carotene	1.5 mg
		Zeaxanthin	1 mg
		Vitamin A (retinyl acetate)	750 mcg
		Copper (copper citrate)	0.5 mg
		Folate (calcium L-5-methyltetrahydrofolate) [†]	400 mcg
		Manganese (manganese citrate)	0.25 mg
		Biotin	250 mcg
		Vitamin B ₁₂ (methylcobalamin)	100 mcg
		Chromium (chromium polynicotinate)	100 mcg
		Iodine (potassium iodide)	75 mcg
		Vitamin K (phytonadione)	60 mcg
		Selenium (HVP ^{††} chelate)	50 mcg
		Molybdenum (HVP ^{††} chelate)	25 mcg
		Vitamin D (cholecalciferol)	12.5 mcg
		Non-Medicinal Ingredients:	
		OmegaGenics EPA-DHA 500: Gelatin, glycerin, water, contains 2% or less of natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.	
		Zinc A.G.: Cellulose, croscarmellose sodium, stearic acid (veg), silicon dioxide, and magnesium stearate (veg).	



Testralin: Cellulose, croscarmellose sodium, calcium silicate, stearic acid (veg), silicon dioxide, and coating (hypromellose, hydroxypropylcellulose, medium-chain triglycerides, and sodium copper chlorophyllin).

PhytoMulti: Cellulose, croscarmellose sodium, stearic acid (veg), silicon dioxide, and coating (hypromellose, hydroxypropylcellulose, medium-chain triglycerides, and sodium copper chlorophyllin).

Recommended Dose: Adult male take 1 packet (1 Phyto Multi, 2 OmegaGenics EPA-DHA 500, 1 Testralin, 1 Zinc A.G.) daily or as directed by your healthcare practitioner. Take with food a few hours before or after taking other medications.

Recommended Use: To provide antioxidants, vitamins and minerals for the maintenance of good health. Helps support cognitive and cardiovascular health.

Caution: For adult use only. Discontinue use and consult a healthcare practitioner if you experience symptoms of hypoglycemia including feelings of anxiety, dizziness, tremor, sweating, nausea or headache. Hypersensitivity has been known to occur; in which case, discontinue use. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding, if you have cardiovascular disease, a liver disorder or develop liver related symptoms (such as abdominal pain, dark urine or jaundice), if you have stomach ulcers or excess stomach acid, gallstones or a bile duct obstruction, or if you have a history of non-melanoma skin cancer. Consult a healthcare practitioner prior to use if you have an iron deficiency or taking medications such as tetracycline. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient. Zinc supplementation can cause copper deficiency. If you are unsure whether you are taking enough copper, consult a healthcare practitioner. Consult a healthcare practitioner for use beyond 12 weeks. Do not use if perma seal is missing.

Products included are gluten free.

¹Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

¹¹HVP= Hydrolyzed Vegetable Protein