



# MenoVantage PE™

## Phyto-Estrogen · Relieves Menopause Symptoms

- Provides traditional botanicals at clinical doses for menopausal-symptom relief: *Angelica sinensis* (dong quai), *Actaea racemosa* (black cohosh), and *Vitex agnus-castus* (chasteberry)
- Includes standardized herbal extracts for consistent effects
- Includes gamma-oryzanol and the bioflavonoid hesperidin to support symptom relief and add metabolic and cardiovascular support
- Suitable for vegetarians/vegans

**Code:** 9673 **NPN:** 80041163  
**Size:** 90 Vegetarian Capsules  
**Actual Size:** 23.58 mm x 8.41 mm



### PRODUCT SUMMARY

For many women, the transition from pre- to post menopause can be arduous. Changing hormone levels can lead to increased risk for both heart disease and osteoporosis, while inducing uncomfortable shorter-term issues such as vasomotor symptoms (hot flashes, night sweats), insomnia, vaginal dryness, mood changes, and reduction in libido.

MenoVantage PE is a potent formulation of botanicals and nutrients at clinically relevant doses for reducing perimenopausal symptoms. Black cohosh (*Actaea racemosa*) is one of the most studied botanical extracts for menopausal-symptom relief. Randomized double-blinded trials have shown a reduction in climacteric symptoms without an estrogenic effect when a standardized extract is used. Chasteberry (*Vitex agnus-castus*) extract is well known for modulating FSH/LH levels and mitigating premenstrual symptoms, and holds promise for reducing menopausal symptoms as well, particularly difficulty sleeping. Dong Quai (*Angelica sinensis*) has a long history of use in traditional medicine for reducing menopausal symptoms.

The traditional botanicals found in MenoVantage PE are complemented by gamma-oryzanol, derived from rice bran. This natural substance has been found not only to reduce menopausal symptoms in 85% of participants, but also to improve cardiovascular risk factors, including LDL cholesterol, a concern for many perimenopausal women. Hesperidin, a citrus bioflavonoid derived from oranges, provides relief for vasomotor symptoms of menopause, as well as potent anti-inflammatory and metabolic benefits.



**MENOVANTAGE PE™**  
PHYTO-ESTROGEN · RELIEVES MENOPAUSE SYMPTOMS

**Serving Size:** 2 Vegetarian Capsules

**Servings Per Container:** 45

**Each Capsule Contains:**

|  |        |
|--|--------|
| Dong Quai Extract ( <i>Angelica sinensis</i> ) (root) .....  | 100 mg |
| Chasteberry Extract ( <i>Vitex agnus-castus</i> ) (fruit) .....  | 80 mg  |
| Black Cohosh Extract ( <i>Actaea racemosa</i> ) (root, rhizome) (2.5% Triterpene Glycosides as 27-deoxyactein) ..... | 80 mg  |
| Gamma-Oryzanol ( <i>Oryza sativa</i> ) (seed bran).....  | 75 mg  |
| Hesperidin ( <i>Citrus sinensis</i> ) (fruit).....   | 30 mg  |

**Non-medicinal Ingredients:** Vegetarian capsule (carbohydrate gum [cellulose], purified water), microcrystalline cellulose, vegetable grade magnesium stearate (lubricant), silica.

**Recommended Adult Dose:** 2 capsules at breakfast and 2 capsules at bedtime per day or as directed by a health care practitioner. Use for a minimum of 3 months to see beneficial effect. Consult a health care practitioner for use beyond 6 months.

**Recommended Use:** For the reduction of hot flashes, night sweats, and other symptoms of menopause.

**Caution:** Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you have a family history of cancer, have a liver disorder or develop symptoms of liver trouble, if you are taking blood thinners/ anticoagulants, hormone-containing medications such as progesterone preparations, oral contraceptives, or hormone replacement therapy, if you are taking any prescription medications, or are breastfeeding. Discontinue use and consult a health care practitioner if you experience breast pain, discomfort, and/or tenderness, increased menstrual bleeding time, or if menstruation is delayed or absent. Do not use if you have diarrhea, haemorrhagic diseases, hypermenorrhea/profuse menstrual flow/heavy periods, allergy/hypersensitivity to members of the *Apiaceae/Umbelliferae* family (anise, caraway, carrot, celery, dill parsley), or if you are pregnant. Keep out of reach of children.

**Drug Interactions:** Do not use if you are taking anticoagulant/antiplatelet medications (e.g., warfarin, Ticlid). As black cohosh may interact with CYP2E1 and CYP2D6 substrates, health care practitioners should be aware of potential drug interactions. The use of vitex is contraindicated in conjunction with bromocriptine, metoclopramide, dopamine agonists, or antipsychotic drugs.

**Contains no artificial colours, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans.** Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at [bioclinicnaturals.com](http://bioclinicnaturals.com)



· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



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