Multi·Matrix

Multi Matrix Full Chelate provides a multi-mineral, multivitamin blend in active and highly bioavailable forms in a naturally flavoured blueberry powder for improved delivery and patient compliance.



GMO Free Vegan Soy Free

Gluten Free

Dairy Free

- Contains a well-balanced blend of essential. vitamins and minerals and is indicated to support healthy mood balance, energy levels, and stress management
- Vitamins are provided in their active and highly bioavailable forms, such as mixed tocopherols, pyridoxal-5-phosphate, and methylcobalamin
- Includes vegan vitamin D3 sourced from organic lichen
- Minerals are delivered as amino acid chelates to effectively stabilize them, protect them from digestive processes, and deliver them to absorption sites along the gastrointestinal tract
- Contains Fibregum™, a soluble prebiotic fibre sourced from acacia gum that is highly tolerable for the digestive tract and demonstrated to increase beneficial bacterial counts, encourage short-chain fatty acid production, improve inflammatory cytokine profiles, and support intestinal permeability without impacting the absorption of chelated minerals
- Delivered in a delicious, natural blueberryflavoured powder for ease of use

• 100% vegan, gluten, dairy, soy, and GMO-free

Vitamins and minerals provide structure to the body, cellular energy, protection for vital organs, and fuel for physiological processes. Multivitamin supplements have been used for decades as a way to ensure that the minimum nutrition requirements are met despite daily variations in diet and nutrient intake. Even some of the most well-balanced diets fall short in certain micronutrient categories.

Cyto·Matrix's Multi·Matrix Full Chelate Minerals & **Activated Vitamins** powder is designed to support the nutritional needs of both men and women.

Multivitamin supplements have been shown to improve the body's stress response, mood, and energy levels. However, multivitamin supplements get unfairly categorized as one entity, without recognizing the massive quality and dosage differences between formulations. In particular, different vitamin and mineral forms can drastically affect the absorption rates of nutrients through the digestive tract.

As an example, B vitamins must first be converted into their active forms before being used within the



body. If vitamin B6 is supplemented as pyridoxine HCl, the liver must first convert it into pyridoxal-5-phosphate before it can efficiently be used in physiological processes. The same principle applies to riboflavin, folic acid, vitamin B12, and other vitamins. In regards to minerals carbonate and oxide forms are commonly used despite the evidence that amino acid chelates demonstrate superior stability and absorption. Vitamin and nutrient forms matter.

Cyto·Matrix's Multi·Matrix Full Chelate Minerals & **Activated Vitamins** contains a well-balanced blend of the most essential vitamins and minerals in their active and highly bioavailable forms, such as mixed tocopherols, pyridoxal-5-phosphate, methylcobalamin, and full amino acid chelated minerals. Multi·Matrix also contains a vegan vitamin D3 sourced from organic lichen. Finally, this formula contains Fibregum™, a soluble prebiotic fibre sourced from acacia gum. Fibregum™ is highly tolerable for the digestive tract and demonstrated to increase beneficial bacterial counts, encourage short-chain fatty acid production, improve inflammatory cytokine profiles, and support intestinal permeability without impacting the absorption of chelated minerals.

Multi-Matrix is 100% vegan, gluten, dairy, soy, and GMO-free. Delivered as a powder, it is conveniently dosed at just 1 scoop per day and naturally blueberry-flavoured for improved patient compliance.

Each 5.4g scoop contains

Vitamins

| Vicarinis | |
|---|---|
| Beta-Carotene | |
| Vitamin C | 125 mg |
| (ascorbic acid) | |
| Vitamin D3 | 25 mcg/1000 IU |
| (cholecalciferol) | |
| Mixed tocopherol concentrate | |
| Vitamin K2 | 80 mcg |
| (menaquinone-7, K2VITAL®) | |
| Vitamin B1 | 25 mg |
| (thiamine HCL) | |
| Vitamin B2 | 10 mg |
| (riboflavin-5-phosphate) | |
| Vitamin B3 | 50 mg |
| (inositol hexanicotinate) | |
| Vitamin B5 | 50 mg |
| (Pantesin®) | |
| Vitamin B6 | 40 mg |
| (pyridoxal-5-phosphate) | |
| Vitamin B12 | 800 mcg |
| (methylcobalamin) | |
| Folate | 400 mcg |
| (L-5-methyltetrahydrofolate) | |
| Biotin | 500 mcg |
| Inositol | |
| (inositol hexanicotinate) | |
| Choline | 50 mg |
| (VitaCholine™ choline L(+) bitartrate) | |
| Minerals | |
| Calcium | 100 mg |
| (Albion™ calcium bis-glycinate chelat calcium malate) | e, Albion™ di- |
| | 100 mg |
| Magnesium (Albion™ di-magnesium malate, Albio glycinate chelate) | • |
| 7 : | 15 mg |
| ZINC(Albion™ zinc bis-glycinate chelate) | 131116 |
| Iron | 3 mg |
| (Albion™ ferrous bis-glycinate chelat | |
| Copper | 900 mcg |
| (Albion™ copper bis-glycinate chelate | |
| Selenium | 55 mcg |
| (Albion™ selenium glycinate) | |
| | |



| Molybdenum | 45 mcg |
|---|---------|
| (Albion™ molybdenum glycinate chelate) | |
| Manganese | 2.3 mg |
| (Albion™ manganese bis-glycinate chelate) | |
| Chromium | 120 mcg |
| (Albion™ chromium nicotinate glycinate chelate) | |
| Boron | 500 mcg |
| (Albion™ Bororganic glycine) | |
| | |
| *K2VITAL® is the registered trademark of Kappa | |
| Bioscience AS. | |
| **Pantesin® is a registered trademark of Kyowa | |
| Pharma Chemical Co., Ltd. | |
| ***Mineral chelate supplied by Albion Laboratories, | |
| Inc. Albion™ and the Albion Gold Medallion design are | |
| registered trademarks of Albion Laboratories, Inc. | |
| Chelate covered by U.S. Patent 7,838,042. | |
| ****VitaCholine™ is a trademark of Balchem | |

Non-Medicinal Ingredients

Corporation

Purified water, acacia (Fibregum™), spirulina extract, beet root extract, glycine, medium chain triglycerides, microcrystalline cellulose, citric acid, dextrin, rice hull powder, sucrose (12mg from sugar beet), silica, corn starch, tricalcium phosphate, sodium carbonate, sodium carboxymethyl cellulose, stevia, xylitol, maltodextrin, natural blueberry flavour.

Recommended Use Claim

Multi-vitamin and mineral supplement. A factor in the maintenance of good health and normal growth and development. Helps to support immune function, build strong bones and teeth, support energy production and maintain healthy hair, nail, mucous membranes and skin.

Directions of Use

Adults: Take 1 scoop per day or as directed by a healthcare professional. Take a few hours before or after other medications or natural health products. 400 mcg of folate per day is adequate for most women to reduce the risk of neural tube defects. Consult a healthcare professional to determine if you would benefit from additional folate before taking this product.

Cautions and Warnings

Do not use if safety seal is broken. Consult a healthcare professional prior to use especially if you are taking blood thinners. Keep out of reach of children. There is enough iron in this package to seriously harm a child.

Known Adverse Reactions

Stop use if hypersensitivity occurs.

