



Sereni-Pro™

Adrenal Support · Herbal Adaptogen Formula

- Anti-stress and antioxidant adaptogens restore and revitalize the body's glands and organs under isolated and chronic stress conditions
- Herbal formula contains no glandular extracts
- Provides broad-spectrum help for a variety of stress-related disorders
- Safe, non-addictive, and may be used long term
- Suitable for vegetarians/vegans

Code: 9280 **NPN:** 80035852
Size: 90 Vegetarian Capsules
Actual Size: 21.30 mm x 7.46 mm



PRODUCT SUMMARY

Ashwagandha (*Withania somnifera*), Siberian ginseng (*Eleutherococcus senticosus*), Lavender (*Lavandula angustifolia*), and Rhodiola (*Rhodiola rosea*) are herbs known for their adaptogenic and calming properties, as well as for mitigating the effects of stress and fatigue. Adaptogens induce stress-protective benefits facilitated through the regulation of homeostasis via several molecular networks, including modulation of the hypothalamic-pituitary-adrenal axis and expression of multiple stress-related proteins including neuropeptide Y. Ashwagandha has been found to limit the production of dopamine and other hormones in response to stress and also acts as a GABA receptor agonist, all of which have the effect of reducing the overall stress response. In controlled trials, it has improved memory and several markers of cognitive function among individuals with mild cognitive impairment, along with reducing cortisol, stress, and anxiety in stressed healthy adults. Siberian ginseng root contains eleutherosides, known to have anti-fatigue, anti-stress, and immunomodulatory effects, and has been clinically shown to have therapeutic efficacy for chronic fatigue and stress, as well as improving athletic performance. Lavender oil is thought to act on both the central and sympathetic nervous system, and has been clinically shown to have a calming and relaxing effect, promoting an improved sense of well-being. *Rhodiola rosea* has been clinically shown to improve attention, cognitive function, and mental performance, decrease the cortisol response to stress, exert an anti-fatigue effect, enhance anaerobic exercise performance, and improve the mood-elevating effect of SSRIs with a favourable safety profile.



To Place Your Order Email: customercare@assurednatural.com
Call: 1-888-826-9625 • **Fax:** 1-844-384-7503



SERENI-PRO™
ADRENAL SUPPORT · HERBAL ADAPTOGEN FORMULA

Serving Size: 2 Vegetarian Capsules

Servings per Container: 45

Each Capsule Contains:

Sensoril® Ashwagandha Extract (<i>Withania somnifera</i>) (root and leaf) (Standardized to 8% withanolides).....	125 mg
Siberian Ginseng Extract (<i>Eleutherococcus senticosus</i>) (root).....	75 mg
(Standardized to 0.8% eleutherosides)	
Lavender 5:1 Extract (<i>Lavandula angustifolia</i>) (aerial)	75 mg
Rhodiola Extract (<i>Rhodiola rosea</i>) (root).....	37.5 mg
(Standardized to 3.5% rosavins, 1% salidroside)	

Non-medicinal Ingredients: Rice starch, vegetarian capsule (carbohydrate gum [cellulose], purified water), vegetable grade magnesium stearate (lubricant).

Recommended Adult Dose: 1–2 capsules 2 times per day or as directed by a health care practitioner. Not to be taken immediately before bedtime. Consult a health care practitioner for use beyond 1 month.

Recommended Use: Sereni-Pro is an adaptogenic herbal formula that helps strengthen adrenal and nerve function for a renewed sense of clarity and energy. Provides relief from occasional nervous tension caused by everyday stress. Supports healthy immune function and may help to reduce stress hormones. Elevated stress hormones may be associated with overall health decline.

Caution: Consult a health care practitioner prior to use if you have any type of acute infection or if you are pregnant or breastfeeding. Consult a health care practitioner if symptoms persist or worsen. Consumption with alcohol, other drugs, or natural health products with sedative properties is not recommended. Do not use if you have high blood pressure. Keep out of reach of children.

Drug Interactions: Theoretically, the herbs present in Sereni-Pro may have additive effects when used with sedative medications, such as benzodiazepines or CNS depressants, and should be used with caution when taken concomitantly. Consumption with alcohol, other drugs, or natural health products with sedative properties is not recommended.

Contains no artificial colours, preservatives, or sweeteners; no dairy, sugar, wheat, gluten, yeast, soy, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

References available at bioclinicnaturals.com



· GUARANTEED ·

Bioclinic Naturals® products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the U.S. Food and Drug Administration (FDA), Health Canada, and the Therapeutic Goods Administration (TGA) of Australia.



PRODUCT OF CANADA
Bioclinic Naturals® Canada
Burnaby, BC V3N 4T6
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